

**Capacity Building for Social Workers and Care Givers
dealing with Street and Working Children in Myanmar**

Report on

**Phase 1: Professional Exchange and Training
in Phnom Penh, Cambodia**

(21 September - 4 October 2004)

Prepared by

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1. Background

Within the broader framework of the UNICEF Child Protection programme, aimed at protecting children from violence, abuse and exploitation in Myanmar, UNICEF, in collaboration with the Department of Social Welfare and the Department of Labour, has been working to improve the situation of working and street children. As per the approved 2004 Programme Plan of Action (PPA) on Child Protection (Activities 3.6/4.4), UNICEF has planned to train social workers and caregivers and facilitate professional exchange to increase their knowledge and skills in child protection and social work, with focus on the special needs of vulnerable, street and working children.

The evaluation of the pilot project "Opportunities for street and working children" conducted end 2003, and recent experience with the INGO World Vision-Myanmar showed the need to focus more on outreach work and capacity building of DSW social workers, government officials (e.g. YCDC, MCDC) and caregivers from local organizations. To provide effective care, protection and support to street and working children, increased awareness on the causes of street life, skills in providing outreach services and community mobilization is required.

There are currently a limited number of protection initiatives and services to street children in Myanmar, some of them having stopped activities due to lack of funding. As the needs are growing due to the increase of street working children and street families, it is essential to build the capacity of local organizations to address the issue.

During an assessment visit to Myanmar in 2003, Friends-International observed the needs for capacity building and initiatives for street children in Myanmar. Initial contacts and on-going discussions with UNICEF-Myanmar, allowed both partners to clarify the needs further. It was agreed the programme would 1) Increase the knowledge and skills of social workers and caregivers dealing with street and working children; 2) Improve understanding of these social workers / caregivers of the specific needs of street/working children; 3) Allow social workers / caregivers to respond more adequately to these needs and provide effective care and support to the children; and 4) Build a team of Resource Persons / Trainers to increase the overall quality and quantity of services and care for street/working children in the future.

This capacity building programme is organized in two phases:

1. First Phase - training programme and professional exchange visit in Cambodia, jointly with the INGO Friends-International and UNICEF Cambodia: From 21 September to 4 October 2004, 12 selected participants will spend 2 weeks in Phnom Penh to receive training and observe activities related to work with street and working children. They will learn from the experienced INGO Friends-International and will interact with trained social workers of the INGO Mith Samlanh in Cambodia, in cooperation with UNICEF Cambodia. This will help strengthen their knowledge and skills in working with vulnerable children and build a team of resource persons / future trainers. [*This report covers the first phase.*]
2. Second Phase - Follow-up on-site training in Myanmar: several weeks later, participants will be involved in a one week on-site training session, followed by a second one. This time, experienced trainers from the INGO Friends-International will provide specific needs-based training to reinforce specific aspects and skills of trainers in Myanmar. Participants will apply the skills they learned in Phnom

Penh and Myanmar and will receive support in conducting their activities with children.

2. Friends-International

Friends-International (formerly Amis d'Enfance) is an organization based in France, with a partner office in Switzerland, Germany and the USA and in the process of opening more partner offices in Australia and the UK. Friends-International's goal is to support street children, their families and their community to allow them to become self-sufficient, responsible and socialized adults. In order to achieve this goal, Friends-International provides technical support to organizations working with street children to ensure the sustainability of their projects. Friends-International has established a network of partner organizations over South East Asia and other regions.

Friends-International currently:

- Launches new projects and supports their localization
- Provides technical assistance to existing programs
- Supports governments to initiate street children projects
- Provides specific training to partner organizations
- Reinforces and develops local and international cooperation networks in favor of street children
- Participates in international forums on street children and related issues

Sébastien Marot, coordinator and founder of Friends-International and of Mith Samlanh in Cambodia, received in 2003 the Order of Australia for "service to humanity". It has been recommended by UNICEF Cambodia, UNICEF EAPRO and provided training for caregivers / social workers from other countries in the region (e.g. Lao PDR, Vietnam).

Mith Samlanh is a local NGO which was created by Friends International in Cambodia. Mith Samlanh also means friends in the Khmer language.

3. Objectives

The objectives of the initiative are:

- ▶ To facilitate professional exchange and increase the skills and knowledge of Myanmar social workers and caregivers (from government institutions, religious groups and NGOs) in child protection and social work, with focus on the special needs of vulnerable, street and working children.
- ▶ To promote the provision of effective care, protection and support to street and working children, increased awareness on the causes of street life, skills in providing outreach services and community mobilization is required. To show/teach how to develop good outreach and reintegration programmes, provide appropriate care and protection to exploited and neglected children, informal education and livelihood skills, and promote family reunification and interaction with families.
- ▶ The programme will help 1) Increase the knowledge and skills of social workers and caregivers dealing with street and working children; 2) Have a better understanding of the specific needs of street/working children; 3) Respond more adequately to these needs and provide effective care and support to the children; and 4) Build a team of Resource Persons / Trainers to increase the overall quality and quantity of services and care for street/working children in the future.

4. Training Programme

Friends-International was contracted by UNICEF for preparation, coordination and facilitation of the professional exchange visit and training programme in Cambodia from 21 September to 4 October 2004 for 12 selected participants from governments departments, NGOs and religious groups who are working for the street and working children.

In particular, Friends-International has undertaken the following:

- (a) Preparation of a set of training materials for social workers and care givers;
- (b) Arrangement of accommodation and in-town travel for the participants during their stay in Phnom Penh;
- (c) Provision of two-week training for social workers and care givers on skills and knowledge required to protect and support street/working children.
- (d) Facilitation to observe social work activities and programmes related to child protection and social work with vulnerable street and working children;
- (e) Coordinate with UNICEF Cambodia to arrange visits and observe activities implementing by the Department of Social Affairs, related to social work;
- (f) Prepare a final report on the tasks accomplished, achievements, constraints, findings and recommendations.

The training consisted of theories, group works, practical observations and visits to other organizations. The training was divided into three sessions, the first sessions started at 8.30 hours until 12.00 hours, the second session from 1.30 hours to 17.00 hours and the last session from 20.00 hours to 22.00 hours. The third session was to join the outreach team to observe the children at night time. For this session, the participants were divided into two groups and took part in alternative days.

It was conducted in a friendly, relaxing atmosphere and the trainers presented in a very clear manner, used simple English and gave lots of physical expressions for the participants who are a bit weak in English to understand well. Everyday, after recapturing of the previous day activities, a topic/question was raised for group works. During these group works, the participants were divided into three groups for brainstorming.

Based on the evaluation by the participants, the training method was good because the theories were provided as lectures in an informal class-room type in the hotel where the participants stayed. Practical observations were followed in the afternoon at the Mith Samlanh/Friends Training Centre. The participants experienced the outreach work by joining Mith Samlanh/Friends outreach team to observe children on the streets and also visited to the families in the communities. The participants also visited various centres of Mith Samlanh/Friends.

5. Training Activities/Observations

Areas that the participants learned in terms of both theory and practical observations were:

- Outreach Work
- Case Management
- Drugs Abuse: Detoxification/Rehabilitation
- Establishing and running of
 - a drop-in centre
 - a boarding house

- a centre for young migrants workers
- a day care centre for children affected and infected by HIV/AIDS
- a transitional home for children and youth to take shelter during their training period
- Education Centre
- Vocational Training Centre
- HIV/AIDS Programme

5.1 Outreach Work

Outreach work is carried out by the outreach team to identify & understand the needs of children & families, to support the children to be able to protect themselves, to remove them from street life by reintegrating them to their families, public schools and society, and to facilitate networking with children, communities and other NGOs

The participants joined the outreach team and went to the communities and in the streets twice a day, once during the day and another during night time. The team met with peer educators and children. They provided support to the peer educators as required and played games and sports with the children. They provided basic health care, personal hygiene (hair wash, nail clipping), education (literacy, counting, mobile library), life skills, understanding of a human body/nutrition, prevention education on HIV/AIDS and drugs use, knowledge on child rights and reproductive health. They also provided counselling to children.

The ideal activity is making the children realize and understand the risks of their current situation and what they wished to become in the future. Then, support was given to the children to design their life plan. The team gathered information on street children and sometimes worked on situation assessments. Later, they made referral to an appropriate organization at the wish of the child.

5.2 Case Management

The participants met the Case Management Team and observed the meeting held with the social workers and peer educators in handling individual life plan design, monitoring and evaluation of each case. An individual case study is processed as follows:

1. First interview: to get initial information of the arriving child in association with the Placement Team
2. Visiting the Centres and Services by the child: is an effective way to help children decide the skills to choose
3. Medical Check-up: is done immediately after the child is allowed to join a programme
4. First Future Plan Preparation: is conducted by Case Managers and children to explore the essential needs of children
5. Case Conference: is conducted to share information with each other and to find a way to accommodate the children's choices. It also helps in good networking.
6. Final Interview: is conducted with children to hear whether they accept to learn in public school or to stay at Mith Samlanh/Friends in order to record an individual case file.
7. Case Management Meeting: is conducted once a week. The team works closely with children, and they bring difficult cases to the Case Management Team Meeting session in order to narrate the problem and find solution together.

5.3 Drugs Abuse: Detoxification/Rehabilitation

In order to prevent children and youth from using drugs, Friends International and Mith Samlanh opened two centres: a Detoxification Centre (also called Green House) and a Rehabilitation Centre (also called Camp Sabay Sabay). The Detoxification Centre supports children to stop using substances and drugs, and the Rehabilitation Centre supports social/drug rehabilitation and reintegrating into society. Both girls and boys are accepted at the centres.

At the Detoxification Centre, the children are accepted in voluntary manner to undergo a 2-weeks detoxification programme in which symptomatic treatment is provided. During the first week, the children/youth need to have easy access to toilets and water, and the medical workers need to provide intensive medical care.

An average of 10 drug users per month joined the centre and the age range was between 14 to 24 years. The Centre is located outside Phnom Penh but not too far from hospital so that in case of serious emergencies they would have access to a hospital service. The Centre has a two-storeyed building with a clinic, recreation facilities (TV, cassette, playground, and gardening), library and clinic. The visitors are prohibited and upon completion of the two-week program the children can choose either to continue treatment at the rehabilitation centre or to reintegrate with their families.

At the Rehabilitation Centre, the entry of children is mostly from the Detoxification Centre. The Centre can accept maximum 40 and minimum 20 children and youth at the same time. The duration of this programme is four weeks where counselling, occupational therapy (animal breeding, farming), group discussions and recreational activities (sports, games, music and movies) are provided. Visits from the families are allowed and the centre has a library, clinic, study room, rooms for families to stay when they visit their children. Visits of children and youth from Transitional Home are also arranged every twice a month. An out-centre working approach is also practiced for the children to learn and recover without using drugs. After four weeks, the children could choose either to take vocational training at the training centre (could stay at the transitional home if they wished and needed) or to find a job or to reintegrate with their families. Up to date, a total 100 children and youth have completed the program.

5.4 Establishing and running of various centres

5.4.1 Drop-in Centre

It is established to prevent children from using drugs; to support children using drugs to protect themselves (harm reduction); to provide a safe place for them to rest/sleep; to let them know alternative options so that they will want to stop using drugs; and to provide preventive education to non-drug users.

The Centre opens from 8 am to 5 pm and accepts both boys and girls, ages up to 24 years. An average of 30 children and youth comes to the Centre every day. The Centre provides knowledge and life alternatives to the children and youth. For prevention of drug use, IEC materials are displayed for children to think about risks and interventions. For harm reduction, the centre has supported exchange of needles and syringes to prevent sharing the same needles/syringes, provision of non formal education, life skills and counselling and medical care. The centre also provides sleeping space and recreational activities and snacks. Referral system is practiced and non-drug users can go to the transitional home where the drug users to the detoxification centre according to their wish.

5.4.2 Boarding House

It is opened to provide a space for resting during daytime hours for children who work at night (e.g., sex workers, beggars, scavengers, etc.) and who are not ready to join established Centres. The House's opening hours are from 5 am to 5 pm and an average of 40 to 50 children comes to the boarding house every day. The boarding house is located not far from places where many children work and gather at night. Only boys are accepted.

The social workers at the boarding house support the boys on life planning exercises. When a child wishes to move on from the life in the streets to a better one, they help the child according to his wish to join vocational skills training/education Centres or to reintegrate with his family. In case if the child or youth is a drug user, he can get support at the drop-in Centre and from there he can join the detoxification centre. The House provides life skills training, non formal education, a library, counselling service, medical care and meals. Meals and services for laundry are provided at a very low cost and if the child can not afford to pay he can complement with his service in cleaning the House (the payment system was established at the request of the children as a symbol of independence and ownership). Referral and family reintegration is encouraged to the boys by the social workers.

5.4.3 Young Migrants Project

This project aims to identify young migrants, especially girls, through outreach activities at taxi/bus/train stations, to provide them with information and/or short term shelter while supporting them to be oriented and to support them defined their objectives and to help them achieved these objectives. The project accepts girls only and provides shelter for a short-term period (about 3 days), meals, health care, counselling, life skills and assists in their life planning, job placement, referral to training at Mith Samlanh/Friends or other NGOs, reintegration with families and follow-up work.

5.4.4 Day Care Centre (DCC)

The DCC is a room for children who accompany their parents who are sick at HIV ward in the Preah Sihanouk Hospital. The centre works in collaboration with another NGO who specialized in HIV/AIDS. The centre provides meals, games and toys for the children. This centre is a place to get early information on children affected by AIDS (CAAs) and the children are referred to the public schools or to Mith Samlanh/Friends' Education Centre or reintegration with an extended family.

5.4.5 Transitional Home

The Home provides shelter in a home-like atmosphere for formal street children during their training and study, leading to their reintegration. The home is a 3-storeyed building with 2 dormitories for boys and 1 dormitory for girls and young children. It consists of a terrace to play sports and games, and a clinic and a library. During the day time, the children and youth attend training and schooling at Mith Samlanh/Friends or partner organizations or in public schools. At weekends and holidays, special activities are organized, such as visits to zoo, Camp Sabay Sabay and others. The home accepts both boys and girls. The home provides individual metal boxes to store their belongings, 2 meals (breakfast and dinner as lunch was provided at the centre). House rules and consequences are developed by children themselves with assistance from the Child Rights Team, and the children establish groups/committees to understand their responsibilities by helping with the management of the Home. Each group has a Team Leader, a Secretary and Children Representatives.

5.4.6 Education Centre

The Education Centre is opened to provide children with remedial classes allowing them to rapidly reintegrate to the public school system. The education centre team has developed non-formal education methods and teaching materials that can assist the reintegration of the children into public schools, from pre-school level to grade 5. The centre is attended by 250-300 children a day, and has facilities for a library, arts classes, sports and cultural activities. Field trips (including visits to the countryside, zoo) are organized for the children and hands-on science lessons (e.g., growing a bean plant in the class to observe its development) are provided. Training for teachers from the Faculty of Pedagogy on mathematics and science activities, and on child rights is conducted in collaboration with the Faculty. The centre supports the participation of children in national, international drawing competitions. The centre also stands the cost for schooling, including materials, clothing and other needs to all children who reintegrated into public school until their parents can afford.

5.4.7 Training Centre

The purpose of the training centre is to provide vocational training to street youth (over age 14) by building their self-confidence, and providing them with marketable skills, leading to their employment. The centre offers 10 training workshops, they are: cooking, welding, beautician, sewing, electricity, electronics, mechanics, hair-cut, farming, and commerce for up to 350 students

The trainings are conducted on a hands-on practice (business-like) adapted to the needs of employment market (job demands). To attend the vocational trainings, the young people need to have a certain level of education depending on the kind of training that they chose. The children also learn literacy, mathematics and basic accounting as required at the Education Centre. During the training the children participate in arts and sport activities, and in life skills lessons. All curricula are updated for improvement as required and they are prepared in a clear step-by-step modular curriculum with associated teaching materials. Every month a graduation celebration is organized for children who have completed each level of training. Certificate of Achievement is issued to students who pass a higher level and, the Official Diploma to students who graduated which is recognized by the Department of Social Affairs. Evaluation and monitoring is done individually.

Following shops are opened and run by trainees from different level:

- Friends 'N' Stuff – run by commerce level 2 students, sells goods produced or repaired by the training centre
- Friends Restaurant – run by level 3 cooking class students
- Popzone – a Cambodian food restaurant run by level 2 cooking class students
- Café du Centre - run by level 3 cooking class students
- Café I & You (Condom Café) – run by level 2 students - Also a clinic is opened there for general and STI treatment and consultations, and health education for youth about reproductive health, HIV/AIDS, STIs and substance abuse is provided
- Nail Bar – run by beauty class students

5.4.8 HIV/AIDS Programme

The HIV Programme aims to support children affected by HIV/AIDS (parents were infected and sick) to prevent them from having to work and live on the streets and to provide information and materials allowing children to protect themselves from contracting HIV/AIDS and STD. The HIV Programme team (also called CAA Team, due to their work dealing with children affected by AIDS) supports children who are identified to be HIV positive, and also to their family members.

The activities of the CAA Team involve:

- A. Prevention Program (collaborate with life skill team): Developed/update a curriculum for prevention and design new materials for children/youth who are on the street and who are in the centre
- B. Care and Support Program (collaborate with the Outreach Team, Drop-in Centre (DIC), Day Care Centre (DCC), Transitional Home, Case Management Team and other partner organizations)

Care of HIV positive children/youth

- Pre- and post- counselling
- Specific medical support with prophylaxis regime
- Home-based care (referral for serious cases to other NGOs with specialized services and antiretroviral (ARV) medication)
- On-going emotional support
- Group discussions

Support of children affected by AIDS

- CAAs are identified on the streets, in Day Care Centre and through partner organizations
- Day Care Centre (based in HIV/AIDS wards in public hospital setting)
- Referral to public school or to Mith Samlanh/Friends' Education Centre
- Reintegration with families

5.5 SERVICES

The following services were found to be very important and are applied in all the programmes:

- ✓ LIFE SKILLS
 - Human body
 - Hygiene/nutrition
 - Basic health education
 - Reproductive health
 - HIV/AIDS
 - Drugs Prevention
 - Personal safety
 - Child Rights
- ✓ COUNSELLING (build self esteem, self reliance)
- ✓ BASIC HEALTH CARE
- ✓ EDUCATION
- ✓ CASE MANAGEMENT
 - Life plan design
 - Monitoring and evaluation
- ✓ REFERRAL
- ✓ REINTEGRATION
- ✓ FOLLOW-UP

6. Visits to other projects

Visits to other organizations benefited the participants as they had a chance to explore different interventions from various organizations to support and care the street and working children.

6.1 Krousar Thmey Centre

Krousar Thmey is an INGO which offers appropriate care to abandoned and orphaned children, street children and victims of trafficking, and guided them towards a

responsible and independent adult life. The street children programme included the provision of protective shelter, work on family reintegration (assessment of child/family, regular follow-up), and vocational training.

6.2 Hagar

Hagar is also another INGO under the Swiss-based charity ABBA which offers rehabilitation, reintegration and prevention programmes to protect vulnerable women and children through holistic transformational development and creative initiatives. They not only provide a safe place to live, but women and children can receive physical and emotional care that they need and opportunities to gain life skills for the future. They provide counselling, medical care, literacy and vocational training, business skills training, life skills classes, reintegration planning and recreation activities.

6.3 Case Conference, Department of Social Affairs, Kampong Chnam

A visit to Kampong Chnam Province was organized by the Child Protection Section of UNICEF Cambodia for the participants to visit the case conferences on reintegration of child victims into their communities or society at large in Kampong Chnam province held by the Ministry of Social Affairs with the district social workers. This reintegration and follow-up programme is supported by UNICEF Cambodia. Taking the opportunity of being in this Province, the participants visited the Home for Children of Department of Social Affairs in Kampong Chnam.

There is another project for the monitoring of practicum lessons being conducted in the context of the management of social work training in which the training module was developed with the technical assistance of UNICEF/Friends International. Even though this project was conducting in Phnom Penh, the participants could not observe it due to time limitation.

7. Achievements

At the end of the two weeks training programme in Phnom Penh, the trainee participants learned from Friends-International and interacted with trained social workers in Cambodia. At the end of the two weeks training programme in Phnom Penh, they gained:

1. Contextual knowledge on:

- 1) basic code of conduct as well as attitude and basic skills on dealing with street and working children,
- 2) development of children (intellectual / emotional and cognitive development),
- 3) the needs of children,
- 4) the role and responsibilities of the social worker,
- 5) characteristics of a good team

2. Increased skills / knowledge:

- 1) Communication skills (behavioral communication skills)
- 2) Interview skills (ensuring understanding, non-aversive methods, relationship building)
- 3) Life skills (body changes, RH, HIV/AIDS, drugs, gender issues...)
- 4) Migration / trafficking issues
- 5) Identification of needs
- 6) Case management

- 7) Life skills / non formal education (Human body / hygiene / nutrition, ARH, HIV/AIDS, Drugs, CRC / child protection, peer education)
- 8) Basic counselling
- 9) Dealing with emergencies
- 10) Community work
- 11) Non-formal education for street children (NFE concepts, NFE on the streets/in Centres)
- 12) Placement of children (public school, employment, family...)
- 13) Project design, monitoring and evaluation
- 14) Identifying of target group / target areas (Community mapping, Social mapping, Body mapping, Time line)
- 15) Team building

3. Tools and instruments on:

- 1) How to design IEC material with the children
- 2) Games and activities (street-based, Centre-based)
- 3) Introduction to "Toolbox" (designed by Mith Samlanh and the Faculty of Pedagogy)

8. Other Training Outcomes

8.1 Training Materials

Soft copy of the detailed lectures from the morning sessions had been provided in a compact disc (CD) by Friends International and the CD was copied and shared with the participants upon their return to Yangon. There are also training materials used as examples and they were handed out through out the practical observation sessions and special sessions. (Please see detail list in Annex 6)

8.2 Field Visit

All participants visited various Mith Samlanh/Friends projects in the afternoons. In accordance with the priority of the professional exchange programme of UNICEF-Myanmar, a special focus was put on outreach work where the participants joined the outreach visits to the street children and street families during day-time and evening time. This allowed them to gain an understanding of the needs for outreach work as well as to use the skills discussed and explored during the morning sessions.

Activities and programmes of the Department of Social Affairs and other organizations were also visited and allowed for direct interaction with the Cambodian teams in charge. Each field visit was linked to the general presentation of the morning session.

A special full-day was reserved for interaction with team leaders for special questions. The team leaders and topics were selected by the participants based on their individual needs, topics/areas included:

- ▶ Training Centre
- ▶ Educational Centre
- ▶ Child Support
- ▶ Life Skills
- ▶ Children Affected by Aids (CAAs)

An additional field visit was organized with UNICEF-Cambodia: the team went to visit work carried out with the local office of the Ministry of Social Welfare.

8.3 Special Sessions

The final special sessions explored 3 topics to identify Phase 2 training requirements and the needs of the participants:

- ⇒ What the participants think should be the next steps for their organizations' needs?
- ⇒ How the network, established de-facto through the training, should be maintained?
- ⇒ How can and what should Friends-International do next in Myanmar?

The responses from the participants are presented in detail in Annex 4.

9. Evaluation

9.1 Trainers' evaluation

-Participants: the group was very heterogeneous: participants had many different experiences and different levels of understanding as well as possible different agendas. Some participants were at times undermining some activities. However, overall the group was actively participating and contributing to the exercises and activities. Translation did not seem to be too much of an issue and with the support of UNICEF Facilitator all participants seem to have been able to benefit from the training.

-The content: of the training was very dense and, in accordance with the contractual agreement, a lot of information was to be provided in a minimum time: this led to very heavy and intense sessions, with little or no time to carry out group building exercises or ice-breakers. The content seems to have been relevant to the group and each participant's work. The mix of theory and practice was a good system to provide enough and adequate information to a heterogeneous group: each participant could therefore take and assimilate various aspects of the training and use it for his/her future work.

9.2 Participants' Evaluation

The participants were asked to provide a final evaluation of the training and the outcomes are as follows:

What did you like about the training?

- Clear and simple presentations (did not require translator for morning sessions)
- Good techniques and methodology (mixed of theory and practical observations that complemented each other)
- Adequate training materials
- Good hospitality
- Outreach most useful - new approach, would benefit if can be applied in Myanmar, activities of outreach are interesting
- Good to visit Centres to see practical implementation after theory
- Good social dealing
- CRC promotion
- Length of training adequate
- Training Centre was interesting

Recommendations for improvement of the training

- ☞ Need a certificate
- ☞ No tables, uncomfortable chairs
- ☞ No helmets on outreach trips
- ☞ No ice-breaker / energizer
- ☞ More role plays/ activities in the morning
- ☞ Sometimes difficult to understand accents

- ☞ Cannot speak directly to children (language barrier)
- ☞ Should include more about CRC
- ☞ Should include more about child psychology

10. Second Phase

10.1 Objectives of Phase II

Phase II Training will have a focus on the further needs and assistance suggested by the Myanmar participants. Based on the discussions throughout the training and responses to the questions raised during the special sessions from the participants, Phase II training will conduct with the following objectives:

- ▶ to further improve the understanding of these social workers / caregivers of the specific needs of street and working children in Myanmar;
- ▶ to allow social workers / caregivers to respond more adequately to these needs and provide effective care and support to the children; and
- ▶ to have an effective and efficient networking system among social workers / caregivers from various departments and organizations to increase the overall quality and quantity of services and care for street and working children.

10.2 Focus

Specifically, Phase II training will focus on:

- ➔ Coordination to:-
 - networking among social workers / caregivers from various departments and organizations (government departments, NGOs, religious groups, community-based organizations who are working on the issues of street and working children), and the management and collaboration of a networking system
 - establishing linkages and collaboration with UN agencies, INGOs, donors
- ➔ Capacity building of the social workers and care givers dealing with street and working children:-
 - to initiate and strengthen the capacity for outreach programmes to provide access to services for street and working children in the Myanmar situation
 - to establish community-based mechanisms for family tracing, reunification and reintegration with families in consultation with the government department(s) concerned
 - to strengthen the access to basic services (education, health, life skills, etc.) as well as the provision of psychosocial support and protection of street and working children
- ➔ Monitoring and evaluation
 - strengthen the capacity to monitor the situation of street/working children and assess the impact of the interventions, its instruments and follow-up

Details of the second phase need to be discussed with the social workers and authorities concerned from the participating departments/organizations and UNICEF-Myanmar.

10.3 Tentative list of Government Departments, NGOs and Religious Groups to participate in Phase II

Government Departments

- 1) Department of Social Welfare (DSW)

- 2) Yangon City Development Committee (YCDC)
- 3) Mandalay City Development Committee (MCDC)
- 4) Myanmar Police Force (MPF)
- 5) General Administration Department (GAD)

NGOs

- 1) François-Xavier Bagnoud Myanmar (FXB)
- 2) Young Women's Christian Association (YWCA)
- 3) Karen Baptist Convention (KBC)
- 4) World Vision Myanmar (WV)

Religious Groups

- 1) Pay Pin Parahita Monastic Primary School, Mandalay
- 2) Pathein
- 3) Yangon

10.4 Follow-up visit from Friends International to Myanmar

- ➔ Friends International's Representative(s) could visit all project sites of the participating departments and organizations to help with their specific training needs and provide advice for strengthening interventions
- ➔ Friends International could conduct training on the following topics identified as priority:
 - outreach work
 - family tracing
 - reintegration and rehabilitation of street children
 - project designing

Tentative schedule of the visit: Middle or end of January 2005 for a period of two weeks.

11. Conclusion

The Phase I training has triggered the participants to better understand the causes of the street life and the specific needs of street and working children. Among the participants, only a few have been actually dealing with street/working children issues in their work because of the sensitivity and difficulty to gain success. Many organizations hesitate to tackle this issue which is still a new field in Myanmar. The training indicated that there are many possibilities in achieving success of the activities and programmes for street/working children. It also explained the importance to have mobile teams of social workers and teachers to maximize the outreach of the interventions and to serve children who are difficult to access. Initiatives of programme activities relating to the care and support of the street and working children in Myanmar should be encouraged.

The participants learned to apply good outreach and reintegration programmes, to provide appropriate care and protection to vulnerable children, to provide training on informal education and livelihood skills, and to support family reunification. The participants also realized the importance of networking after visiting the case conference held at Kampong Chanam Province where the government departments (national and local authorities), NGOs and religious groups work together for the reintegration and rehabilitation programme for street children.

In conclusion, the Phase II training will enhance what the participants had learnt in Cambodia as the Representatives of Friends International will seek specific needs of the training participants at their project sites and conduct the training in Yangon according to the findings and upon discussions with the participants. Then, those who failed to join the Phase I training will have the chance to participate in this Phase II training as it will be conducted in Myanmar.

ANNEXES

Annex 1: List of Participants

Departments	Name	Designation
Government Departments		
Department of Social Welfare	1. U Maung Maung Tar	Principal, Kyaik Waing Training School for Boys
	2. U Aung Soe	Principal, Mandalay Training School for Boys
	3. U Nay Won	Dy. Principal, Mawlamyaing Training School for Boys
	4. Daw Ni Ni Win	Dy. Principal, Malikha Training School for Girls
Mandalay City Development Committee (MCDC)	5. Daw Mi Mi Kyaw	Junior Officer dealing with Children
NGOs		
François-Xavier Bagnoud Myanmar	6. Daw Khin Sabai Khine	Social Worker
	7. Daw Min Min Myat	Social Worker
Young Women's Christian Association (YWCA)	8. Daw Thet Thet Tin	Chairperson, Projects Committee / Medical Doctor
	9. Naw Kathleen James	Development Secretary
Religious Organizations		
Pay Pin Pa-Ra-Hi-Ta Monastic Primary School	10. U Boe Zaw	Social Worker
Other individuals working on street/working children		
World Vision Myanmar	11. Daw Ni Ni Htwe	Street & Working Children Project Coordinator
	12. Saw Terry	Child Development Facilitator
UNICEF		
UNICEF Myanmar	13. Yin Yin Han	Ass. Project Officer, Child Protection / Facilitator

Annex 2: Training Schedule

Week 1		Tuesday 21 Sept	Wednesday 22 Sept	Thursday 23 Sept	Friday 24 Sept	Saturday 25 Sept
Morning (Basic Theory) 8:30 – 12:00		Presentation of the program Presentation of Mith Samlanh <i>Sebastien David</i>	-Children -Street Children -Working Children <i>Sebastien David Phally</i>	-The social worker -Communication <i>Sebastien David Phally</i>	- Outreach work <i>Sebastien Phally Sokhom</i>	-Centres -Wrap-up week 1 -Q & A -Additional information as required <i>Sebastien David Phally Vutha</i>
Lunch		Welcome lunch	Free	Free	Free	Free
Afternoon (Overview of Application) 13:30 – 17:00		Overall tour of Mith Samlanh <i>Rithy</i>	Outreach <i>Sokhom</i>	Case management meeting Outreach <i>Sokhom</i>	Children's workshop Outreach <i>Sokhom</i>	Camp Sabay-Sabay rehabilitation Centre <i>Sebastien Ngeng David</i>
Evening 20:00 – 22:00		Free	Outreach G1 (2 sub-groups) <i>Sokhom</i>	Outreach G2 (2 sub-groups) <i>Sokhom</i>	5:30 Transitional Home <i>Vutha</i>	Free

Week 2	Monday 27 Sept	Tues 28 Sept	Wednesday 29 Sept	Thursday 30 Sept	Friday 1 Sept	Saturday 2 Sept	Monday 4 Sept
Morning (Basic Theory) 8:30 – 12:00	Professional exchange visit to the Case Conference organized by the Dept. of Social Affairs with staff (social workers trained by Friends) in Kampong Cham Province <i>UNICEF-Cambodia Ministry of Social Affairs</i>	Supporting children <i>Sebastien David Phally Gneng</i>	Education and life skills <i>Sebastien David Phally</i>	Reintegration / Placement / Foster care <i>Sebastien Phally Peo Pierre-Louis</i>	Next steps: -What do you want to do in Myanmar -How can we support you? <i>Sebastien David Phally Sarah</i>	Special meetings with Team Leaders for individual interests / needs	-Training of staff -Program evaluation / monitoring -Wrap-up <i>Didi Sothla Sarah David Phally Sokhom</i>
Lunch	Lunch with officials from Dept. of Social Affairs	Free	Free	Free	Free		
Afternoon (Overview of Application) 13:30 – 17:00	Visit to Home for Children, Dept. of Social Affairs, Kampong Cham	Visit Centres: Boarding House, Young Migrant Centre, Day Care Centre <i>Sokhom</i>	Visit Krousar Thmey, Hagar and World Vision projects	Visit communities <i>Peo</i>	Special meetings with Team Leaders for individual interests / needs	Free	Free
Evening 20:00 – 22:00	Free	Outreach G1 (2 sub-groups) <i>Sokhom</i>	Outreach G2 (2 sub-groups) <i>Sokhom</i>	Free	Farewell party @ Cafe du Centre		

G1 – Group 1
 G2 – Group 2

Annex 3: Training Modules

Module 1: Children:

- What is a child?
- Development of children
- Needs of children

Module 2: Children At Risk

- Street Children
 - o What is a Street Child
 - o Why are they on the streets
 - o Trends
 - o Life on the streets
- Working Children
 - o What is a Working Child
 - o Why are they working?
 - o Issues raised by child labour

Module 3: Working with Street/Working Children

- Why work with Street/Working Children?
- Philosophies
- Holistic approach

Module 4: The Social Worker

- Skills
- Behavior
- Required knowledge

Module 5: Communication Skills

- Communication
 - o What is communication?
 - o Good communication
 - o Communication with Street / Working Children
- Communication with street / working children
 - o How to use communication skills with street / working children

Module 6: Outreach

- Why Outreach
- Approaching children
- How to work on the streets
- Tools at your disposal

Module 7: Centres

- Type of Centres
- Need for Centre
- How to run a Centre

Module 8: Child Rights

- The Convention on the Rights of the Child
- How the CRC relates to street children
- Main child rights activities to implement

Module 9: Support to Individual Children

- How to interview children
- How to identify trauma
- How to support children with special needs

Module 10: Street/Working Children and Education

- Education needs of Street Children

- Types of education
- Techniques available

Module 11: Prevention Education

- Risks faced by Street / Working Children
- Style of prevention education
- Ways of prevention education

Module 12: Reintegration / Placement

- Different types of reintegration

Module 13: Training of staff

- General training
- Job specific training

Module 14: Monitoring and Evaluation

- Internal
- External

Annex 4: Responses of the Participants during the Special Sessions

Session 1: WHAT DO YOU THINK THAT YOUR ORGANIZATION / INSTITUTION SHOULD DO NEXT FOR STREET / WORKING CHILDREN?			
Group	Possible Target Group	Possible Objectives	Possible Activities
1	<ul style="list-style-type: none"> ▪ Children currently Staying in the Monastery <ul style="list-style-type: none"> - 30 children (orphaned, poor families, minorities) Age: from 5 to 17 years (boys) - >100 Novices (Ages: 5 - 17 yrs) ▪ Other children from street families staying along the Ayeyarwaddy river (boys and girls) through outreach 	For the Children: <ul style="list-style-type: none"> ➔ To survive & develop ➔ To protect themselves ➔ To be able to stand on their feet 	<ul style="list-style-type: none"> - To do outreach work for street families/children (counselling, education, life skills, basic hygiene...) - To provide personal hygiene & Health care to children in the Monastery. - To give counselling to know their needs. - To link with Phaung Daw Oo Pa-Ra-Hi-Ta Monastic High School for further education of children (grade 5 to 10) - To link with employers in Mandalay for vocational training & job placement.
2	<ul style="list-style-type: none"> ▪ Age: 5-20 years (16-20 as a new target group) ▪ Sex: both boys+ girl (>100) ▪ Type of child: <ul style="list-style-type: none"> - Street working children - Street living children - Street family - Children from poor family 	<ul style="list-style-type: none"> ➔ To educate the children so that they can have knowledge to protect themselves and stand on their own ➔ To train them to become good citizens ➔ To prevent crime ➔ To integrate them into society so that they can have a meaningful life ➔ To become physically, mentally and socially healthy children ➔ To know the culture of the country ➔ To prevent from drugs and HIV/AIDS 	<ul style="list-style-type: none"> - Provide NFE - Provide knowledge about child rights - Provide life skills training (drugs, HIV, reproductive health, nutrition, hygiene, etc.) - Provide vocational skills training (book binding, umbrella repair, sewing, Burmese snacks) - Support the families with income generation program - Parental education - Reintegrate into public schools / families - Networking with other institutions / NGOs / GOs (<i>New initiative</i>) - Counselling children / parents - Provide nutrition, medical care, health education - Referral system for them (<i>New initiative</i>) - Outreach programs to give them education and to know their real situation (<i>New initiative</i>) - To open a drop-in Centre (for children and families in a specific slum area – 1000 households) for education, training, recreation and sports - Cultural shows, celebrate the religious festivals

			<ul style="list-style-type: none"> - Discussion with job owners (<i>New initiative</i>) - Help them have a life plan (<i>New initiative</i>) - Help them have job opportunities (<i>New initiative</i>) - Follow-up
3	<ul style="list-style-type: none"> ▪ SLC ▪ SWC ▪ SLF ▪ children who join WVI ▪ Care givers ▪ Volunteers ▪ authorities (national level) of <ul style="list-style-type: none"> - Government departments - organizations - embassies ▪ all level community 	<p>➔ To improve the status and quality of life among vulnerable children.</p> <p>➔ To improve the quality of service provider and vulnerable children from different institutions.</p> <p>➔ To advocate on vulnerable issues in Myanmar</p>	<ul style="list-style-type: none"> ▶ Going on outreach: <ul style="list-style-type: none"> - give education (NFE) - life skills. - reintegration & follow-up ▶ Centre base activities: <ul style="list-style-type: none"> - survival - NFE / FE - vocational training - counselling - school support - job engagement - apprenticeship - family reconciliation - outings / follow up. ▶ Provide necessary training to local partners (orphanages institution) <ul style="list-style-type: none"> - training - CRC, ECCD - child development - child psychology - counselling - life skills - vocational training - meeting - conference - awareness raising and IEC - pamphlet - cartoons - magazine - TV - Video - Fund raising

	<ul style="list-style-type: none"> ▪ CRC committee members ▪ Immigration Dept. ▪ DSW ▪ Mayor and concerned officials in MCDC ▪ CRC committee members ▪ DSW, GAD ▪ INGOs, LNGOs 	<ul style="list-style-type: none"> ➔ To get national registration cards for vulnerable children ➔ To reduce the no. of street families (step1: advocacy) 	<ul style="list-style-type: none"> - meeting - conferences - discussion - meeting - Conference - Discussion - Plan of action
4	<ul style="list-style-type: none"> ▪ SC & SWC (C/L art.32) ▪ Age: up to 16 years 	<ul style="list-style-type: none"> ➔ To implement the rights of the child recognized in UNCRC ➔ To protect the rights of the child ➔ To protect in order that children may enjoy fully their rights in accordance with the law ➔ To carry out measure for the best interest of the children depending on the financial resources of the state. ➔ To enable custody & care of children in need of protection and care by the State, voluntary social workers, NGOs 	<ul style="list-style-type: none"> - Intake – interview - Basic needs: shelter, foods & clothes are compulsory. - Health care / NFE / FE (Monthly assessment) - Psycho-social support: Individual work, group work, counselling (Monthly assessment) - Life skills / ADL (Monthly assessment) - Recreation & excursion (Monthly assessment) - Participation in the Community (Monthly assessment) - Home visit = aware to family and community (Monthly assessment) - Vocational training (Monthly assessment) - Training programs made available for the VSW = reintegration / follow-up
5	<ul style="list-style-type: none"> ▪ SLC/SWC ▪ Poor family ▪ Young Migrants ▪ Youth /SLC/SWC/SCF ▪ Mothers/Parents ▪ Citizens 	<ul style="list-style-type: none"> ➔ To educate SLC/SWC ➔ To be more beautiful & clean city. ➔ To educate ➔ To be monopoly ➔ To promote all of citizenships life 	<ul style="list-style-type: none"> - Networking - Providing DSW - Survey - Creating chances - Welcome everyone's ideas - Networking - Job prospects - Offer many technicians - Build more schools / private school, hospital - Open press
6	<ul style="list-style-type: none"> ▪ Street and Working children - Age 10-20 (M+F) 	<ul style="list-style-type: none"> ➔ To empower the children (15-20) in the program with resources that will 	<ul style="list-style-type: none"> - Outreach activities (New initiative) - Identification of children

	<ul style="list-style-type: none"> - Male and Female - Tea Shop worker / beggar / latch key kids 	<p>enable to engage in income generating activities for self reliance living.</p> <p>→ To help them be aware of their rights, responsibilities for betterment of their future, living with social skill, inter cultural skill and life skill.</p>	<ul style="list-style-type: none"> - Counselling (Individual) - Advocacy meeting with local authorities, communities, stake holders, partners, guardians, employers, children (New initiative) - Networking with other GO, NGOs, INGOs - Visit communities (Assessment) - Life plan (<i>New initiative</i>) - Building capacity for development of livelihood skill through vocational training and social skill and intercultural skill through life skill training. - Placement (job, public school, etc.) (New initiative) - Income generating activities (New initiative) - Reintegrating (family/society) (New initiative) - Follow-up
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Session 2: HOW DO YOU THINK YOUR NETWORK SHOULD EVOLVE?			
Group	Objectives	Activities	Partners
1	<ul style="list-style-type: none"> → Efficient reintegration for vulnerable children to enter the mainstream society. → To be good citizens of Myanmar. → To get the synergy for promoting children life. 	<ul style="list-style-type: none"> - Meeting / Discussion / Conference on CRC. - Design a plan of action - Implement activities (Outreach, Reintegration, Education, Life Skills, Vocational Skill, NRC Card). - Monitoring and Evaluation. - Lessons learnt - Plan again. 	<ul style="list-style-type: none"> ○ Outreach (GO, NGOs, INGOs, Authorities, MCDC, YCDC) ○ Reintegration (MOE, DSW, MOH, Immigration, INGOs, Local Authorities, NGO) ○ Education (MOH, NGOs, UN Agencies...) ○ Life Skills (DSW, INGOs, MoAgri, Ministry for Development of Border area & National Races) ○ Financial Resources (Embassy, UN Agencies, Individual Donors, Friends-International)
2	<ul style="list-style-type: none"> → To promote the best & efficient protection. → Co-ordination & collaboration with same targets & objectives. → To gather & share all information & data about SLC & SWC. → To promote the children's lives. → To promote the authorities' interest 	<ul style="list-style-type: none"> - Meeting, gathering information about children, give/share meeting to care giver, social-workers, providers etc. - Solving problems & lesson learned. - Creating child's activities (child protection day) - Capacity Building, Training. - Discussion survey fairs. 	<ul style="list-style-type: none"> ○ DSW / UNICEF / MCDC / YCDC / INGOs / NGOs ○ Community Leaders / Stake holders / Schools / Hospitals / Medical staff ○ Education staff.

	<p>in each organization.</p> <ul style="list-style-type: none"> ➔ To prevent overlapping. ➔ To get financial support. 		
3	<ul style="list-style-type: none"> ➔ To promote the capacity of the children for their future. ➔ To create good environment for the children. ➔ To raise the fund resource. ➔ To share the resources and advice the overlapping activities. ➔ To promote self-esteem and self-reliance of children. 	<ul style="list-style-type: none"> - Workshop - Group discussion - Exchange Tour - Referral to Institutions, LNNGO - Advocacy to funding organization. - Workshop - Seminar - Discussion - Reintegration/job placement. - Counselling/public School - Vocational Training/Follow-up 	<ul style="list-style-type: none"> ○ Government departments ○ LNNGOs ○ INGO ○ UN Agencies ○ UNICEF

Session 3: WHAT CAN FRIENDS-INTERNATIONAL DO FOR YOU NEXT?			
Group	Possible support to your organization's activities	Possible support to Network	Other supports
1	<ul style="list-style-type: none"> ▶ Training: case management, staff training, proposal writing, life plan. ▶ Advice for solving problems (email is possibility). ▶ Meeting with Board Members and give advice. ▶ How to plan to expand the program. 	<ul style="list-style-type: none"> ▪ Contact with other INGOs (not included in this group) who are working with street children in Myanmar 	<ul style="list-style-type: none"> ○ to train in establishing new programs and activities ○ to solve problems in the future from Friends through newsletter, emails
2	<p>Further Training on :</p> <ul style="list-style-type: none"> ▶ Outreach ▶ Case management (life plan) 	<ul style="list-style-type: none"> ▪ Referral System 	<ul style="list-style-type: none"> ○ Fundraising activities ○ Writing project proposal ○ Small Business Management

	<ul style="list-style-type: none"> ▶ Referral System ▶ Reintegration (social/public school) ▶ Counselling ▶ To develop IEC materials ▶ To develop educational games for children 		
3	<ul style="list-style-type: none"> ▶ Technical support : <ul style="list-style-type: none"> - TOT - Situational analysis - Monitoring and evaluation - Fund raising / Project proposal ▶ Material support : <ul style="list-style-type: none"> - Teaching aids / IEC material 	<ul style="list-style-type: none"> ▪ Workshop / Seminar / Training (as a resource person through Government Departments, INGOs, UNICEF) from Friends-International. 	<ul style="list-style-type: none"> ○ Updated information / Sharing experiences
4	<ul style="list-style-type: none"> ▶ Training (further training) ▶ To advocate authorities ▶ To polish Mandalay's social workers & care givers. ▶ Life skill training & vocational training 	<ul style="list-style-type: none"> ▪ To promote all INGOs, LNGOs and government departments interested in SLC/SWC/SLF 	<ul style="list-style-type: none"> ○ Training on how to raise funds
5	<ul style="list-style-type: none"> ▶ Some Technical Support for Reintegration ▶ IEC material for life skills & NFE ▶ Monitoring & Evaluation Trenching/methods 	<ul style="list-style-type: none"> ▪ Workshop with government departments, INGOs and NGOs through UNICEF conducted by Friends-International. 	--
6	<ul style="list-style-type: none"> ▶ Training of staff / VSW / LNGO (life skills, reintegration, counselling, follow-up) ▶ Vocational training (necessary instruments) 	<ul style="list-style-type: none"> ▪ Workshops / seminar with NGO, INGO 	--

Annex 5: Acronyms

ADL	Activities of Daily Living
AIDS	Acute Immunodeficiency Syndrome
ARH	Adolescent Reproductive Health
ARV	Antiretroviral
CAA	Children Affected by AIDS
CBO	Community-based Organization
CRC	Convention on the Rights of the Child
DCC	Day Care Centre
DIC	Drop-in Centre
DSW	Department of Social Welfare
EAPRO	East Asia and Pacific Regional Office
ECCD	Early Childhood Care and Development
FE	Formal Education
GAD	General Administration Department
GO	Government Organization
HIV	Human Immunodeficiency Virus
IEC	Information, Education, and Communication
INGO	International Non-Governmental Organization
KBC	Karen Baptist Convention
LNGOs	Local Non-Governmental Organization
MCDC	Mandalay City Development Committee
MOE	Ministry of Education
MOH	Ministry of Health
MOAgri	Ministry of Agriculture
MPF	Myanmar Police Force
NFE	Non formal education
NRC	National Registration Card
SLC	Street Living Children
SLF	Street Living Family
STD	Sexually Transmitted Disease
STI	Sexually transmitted infections
SWC	Street Working Children
TOT	Training of Trainers
UN	United Nations
UNCRC	United Nations Committee on the Rights of the Child
UNICEF	United Nations Children's Fund
VSW	Voluntary Social Worker
WV	World Vision
YCDC	Yangon City Development Committee

Annex 6: Training Materials and Examples of Forms Used in Friends /Mith Samlanh Programmes

The following training materials were distributed to all participants throughout the training. They are examples of the forms that are used in Mith Samlanh/Friends Programmes.

Forms developed by Mith Samlanh/Friends

1. Basic Information Form
2. Case Management Form
3. Family Assessment Form
4. School Assessment Form
5. Family and School Follow-up Form
6. 3 Months Job Planning Form
7. 10 Months Job Planning Form
8. Job Placement Plan
9. Job Placement and Follow-up Form
10. Business Plan Form
11. Business Creation and Follow-up Form
12. Flow Chart of Working with the Child and the Family
13. Code of Conduct of Mith Samlanh

Forms developed by Mith Samlanh/Friends and the Department of Social Affairs projects

14. The Family Tracing Form
15. The Reintegration Form
16. Social Support Form

A CD is enclosed to this report and it includes the presentation on the lectures held during the morning sessions and a video skit on the programmes and activities of Mith Samlanh/Friends.